



# THE NEWSLETTER

The PROBUS Club of Simcoe & District  
Meets second Tuesday of each month at St. James United Church hall



## MEETING NOTICE

**Tuesday, July 12, 2022**

**10 a.m., Muriel Bridge Room, St. James United Church, Simcoe.**

**9:30 a.m., Book Exchange Socializing.**

## Guest Speaker

**Tom Cheel,**

Canadian Anti-Fraud and  
Fraud Awareness Centre.

**Who Am I?**

**Tom O'Neill**

## Review of June 14, 2022, meeting

**President Murray Uren** called the meeting to order at 10 a.m. and led us in our national anthem. After the meeting, 10 members and guests enjoyed lunch at the Blue Elephant restaurant.

## PROBUS business

**President Murray** reported our club's revised constitution and bylaws have been sent to PROBUS Canada.

Our executive needs someone to look after Who-Am-I speakers and memberships.

Members are invited to tell our club about their hobbies or interesting adventures.

**Treasurer Dave Montross** reported 24 paid members. We are in good financial shape.

**Gerald Sheppard** will arrange a visit to Canada Wire and Cable.

**Guest Speaker: Samantha Pacheco**

Samantha Pacheco told us about Norfolk County's Community Paramedics Program. The program treats patients in their homes to prevent health care issues becoming emergencies. Patients get better, more timely care. It reduces time spent in hospital.

Samantha is the daughter of PROBUS member Mike Kite. She was born in Thunder Bay and is a graduate of Niagara College. She, her husband and five kids live in Simcoe.

In 2019, Samantha joined Norfolk's new community paramedics program, which has six staff and runs 12 hours a day. Hopefully, it will expand to 24 hours a day. It most commonly deals with heart problems, breathing and diabetes. Paramedics will check blood pressure, listen to lungs and check weight. Paramedics often identify need for other services such as home care, Alzheimer's support and mental health services.

About 120 people are on the program. Service is free.

Paramedics are the first eyes into many homes. Some people have not seen their doctors during the COVID-19 pandemic. As a result, paramedics have seen decline in some patients' health. For seniors without families, paramedics will give shots and check blood sugar levels for diabetics.

For more information, call Paramedic Services at 519-426-5870, extension 2393, or email [commparamedic@norfolkcounty.ca](mailto:commparamedic@norfolkcounty.ca). **Gerald Sheppard** introduced **Samantha** and **Dave Montross** thanked her.



**Samantha Pacheco**