



THE NEWSLETTER

The PROBUS Club of Simcoe & District
Meets second Tuesday of each month at St. James United Church hall

NATIONAL
PROBUS
MONTH

MEETING NOTICE

Tuesday, March 12, 2024

**10 a.m., Muriel Bridge Room, St. James United Church, Simcoe.
9:30 a.m., Book Exchange and Socializing.**

Guest Speaker

**Cristian Fresno,
Orchard Operations Manager, Schuyler Farms,
Growing Apples in Chile and Ontario.**

Who Am I?

Paula Brooks-Lounsbury

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Review of our Feb. 13, 2024, meeting:

President **Murray Uren** welcomed 32 members, spouses and guests to our Valentine’s Day meeting. **Brian Cook** led us in our National Anthem. Our speaker spoke for the entire meeting. Following the meeting, 15 members, spouses and guests lunched at Riversyde 83 restaurant.

Guest speaker: Jason Stitt on cyber security

Jason Stitt of ITForce in Burlington is an expert on cyber security. He warned about scams and gave tips on how to protect against them.

State-sponsored hackers like North Korea, Russia and China infiltrate government and business computers. Hactivist groups look for information. Criminal businesss centred in India, Brazil and Vietnam try to steal your money.

Almost everyone has received a scam call or email.

Someone masquerading as a grandchild says they’re in trouble and asks Grandpa or Grandma to send money right away. An employee gets a text supposedly from the boss telling them to send money to a fake account.

Emails pretend to be from Amazon, Netflix, Canada Revenue, credit card companies or banks.

Be suspicious. Don’t click on any links. Verify by calling authentic phone numbers that you look up yourself. Don’t call numbers listed in suspicious emails.

Some tips on how to protect yourself:

- Keep devices and computer software up to date;
- Set up multi-factor authentication;

- Write passwords in a notebook and keep it in a desk drawer. Do not keep passwords in your computer, smartphone or tablet;
- Use passwords in Google vault or Apple passkey;
- Do not pay bills or check your finances using wifi in public places like coffee shops or the library;
- Tapping debit cards or credit cards is safer than inserting cards in payment machines because tapping does not reveal PIN numbers;
- If the phone rings and you don't recognize the number, do not say "hello." Scammers may try to record your voice. With Artificial Intelligence, they can pretend to be you.

More information is available at www.itforce.ca or from the Canadian Bankers Association at www.cbacybersafety.ca.

Murray Uren introduced Jason and **Gerald Sheppard** thanked him.



Jason Stitt