

# THE NEWSLETTER



The PROBUS Club of Simcoe & District
Meets second Tuesday of each month at St. James United Church hall

# **MEETING NOTICE**

Tuesday, May 14, 2019 10 a.m., Muriel Bridge Room, St. James United Church, Simcoe. 9:30 a.m., Book Exchange, Socializing and Coffee.

Guest Speaker
Trevor Delvaux,
Norfolk County and the Boer War.

What's my hobby?
Gary White on fireworks

## Review of April 9, 2019, meeting:

President Murray Uren called the meeting to order at 10 a.m. Brian Cook led us in our national anthem. President Murray welcomed Gary White (see below).

#### **PROBUS** business:

**President Murray** reported our club is in good financial shape.

**Special events: Dick Pearson** is planning a field trip in May. A show of hands indicated about 30 members and guests would attend. **Dick** will announce the trip's date and location at our May meeting. A visit to a chicken farm is being planned for August.

House: Rick Middaugh reported all is well.

Wellness: Gerald Sheppard welcomed back Gus Takacs. Bill Hoskins would appreciate a phone call.

# Meet our new member: Gary White

Gary White is a retired teacher and electronics wizard.

He and his wife Beverley live in Port Dover.

His hobbies include fireworks, which he will talk about at our May meeting, and rocketry.

Gary learned about our club from a pamphlet delivered by Welcome Wagon.

Please welcome him.



## **Guest Speaker: Lisa Geoffrey**

Senior Support Services is a non-profit organization that helps seniors stay in their homes. The organization serves 500 Simcoe clients from its office at 220 Victoria St. **Lisa Geoffrey**, program manager for the town of Simcoe, outlined several of the services and programs available to boost seniors' independence and quality of life

To become clients, seniors must have a free home assessment. Clients are generally frail, elderly, have Alzheimer's or other dementia. Adults with disabilities also are eligible.

"It's crazy how many services we provide in the home," Lisa said. "We don't turn anyone away."

Services include:

Meals on Wheels: Hot lunches from Norfolk General Hospital can be purchased for delivery by volunteers Monday to Friday. Frozen dinners from a commercial supplier also are available. PROBUS member Zeke Gulabsingh delivers meals on wheels.



**Lisa Geoffrey** 

**Transportation:** Trips around Simcoe up to two hours cost \$8. Round trips by wheelchair vans cost \$10. Trips, especially for the vans, must be booked in advance.

**Friendly visits:** Volunteers will visit isolated persons for an hour once a week for free.

Adult Day Program: Activities for seniors give caregivers a break.

**Home maintenance:** Pay \$16 an hour to do light gardening or basic housekeeping, including laundry, vacuuming, dusting and getting groceries.

**Snow removal and grass cutting:** Pay \$20 an hour for service, lawn mower or other equipment provided in the price.

**Diners' club:** Once a month lunch at the Legion for \$11.

**Security reassurance:** A free service that calls seniors each day to make sure they're OK.

Senior Support Services is always looking for volunteers. Volunteers must undergo a police check. They are paid for mileage.

For more information, call 519-426-6060 or go to www.seniorsupport.ca.

Dan Pearson introduced Lisa and David Judd thanked her.